



# Daily Protection Ritual

This process should be used in the morning and before going to sleep at night. It can also be used anytime you feel your emotions or body is “off”.

**\*\*Remember to visualize and speak from a place of authority/intention.\*\***

**“ Please let this protection be for my home, myself, all living beings within my home. Odin please close any portals and remove all entities from us. All Spirit Guides please place us in the Violet Flame.**

**Archangel Michael, please cut all energetic cords attached to us. Please lift from us and transmute all low vibrational energies.**

**Please place us in an Orange Light Energy sphere, a Pink Amethyst Flame sphere, a Unicorn Light sphere, and a Dragon Flame sphere. Please cloak us in the Black Cloak of Invisibility.**

**And so it is!”**

Wishing you and yours complete spiritual protection always.

With Love,  
Jennifer & Susan